



## find fashion happiness september 2008 newsletter

Welcome back, friends. It's my fourth newsletter and just in time for fall. I hope you had a great summer and please feel free to pass this along! Suzanne

### fall trends you might enjoy

1. Statement Jewels – big bold and unique, these pieces create a focal point for your outfit. Keep the rest of your attire simple so as not to overpower. You could also layer several pieces together.
2. Floral prints – think painterly (Monet - impressionism). This look is popular now on dresses, skirts and tops.
3. Lace – not all lace is created equal. Look for rich, high-quality, sophisticated pieces. Dresses, skirts, jackets and tops with heavy lace trim are fabulous this season.
4. Rich colors in autumn hues and jewel tones are everywhere. Look for these in a style that flatters you (think great coat, dress or cardigan), but it also works as a small shot of color in a scarf or statement necklace.
5. Ruffles used sparingly are fun and new. I find ruffles work better with a fabric that has some movement/drape on a lower neckline.
6. Fuller skirts with inverted or sewn-down pleats and a thicker, more flattering waistband are a great trend for fall. Pair with a darker, snugger fitting top and multiple necklaces to complete the look.
7. My favorites
  - For those tired of heavy hardware, Coach Ergo purses are lighter and feminine, sans hardware.
  - Berry stained lips are in this fall – I tried MAC Viva Glam IV and loved it. For a quick “no-lipstick” look, I’m enjoying Nivea tinted lip balm in passion fruit or cherry.

### ask suzanne



**Question: “I’ve gained a few pounds recently. How do I best hide my belly and thicker waist?”**  
**N., Wilmette”**

This issue comes up a lot both personally and professionally, so here are some fashion tricks that might help:

- **Emphasize the smallest part of your midriff.** Whatever you choose, A-line, full skirt, or dress, be sure to emphasize the narrowest part of your midriff, even if you have to go above your natural waist.
- **High-waisted underwear** works best to create a smooth line under clothes instead of cutting your midsection in two. Please don’t wear with any lower-rise pants!
- **Love your curves.** Any top that hugs your bust and then flares slightly down below will make the most of your “assets” and divert attention from your waistline.
- **Camisoles** with some spandex stretch are great for layering and creating a smooth line. Whatever top you wear over the cami should lay much nicer.
- **High rise jeans (but not too high)** with a slightly wider leg helps to hide the belly bulge. Denim in a darker color is best.
- **And of course, minimizers.** They work, but they need to be comfortable. Fine-gauge knit shapers such as Spanx are popular for a reason. I love the half and full-slip versions under skirts and dresses.

**(continue, please)**



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**make up tip**

When I help my clients with make up, I always share this tip: use a deep navy or black eyeliner under the upper rim of the eye. Work into the roots of the lashes with small strokes. I like Clinique Quickliner in "Really Black" because it goes on smoothly and stays well. *Voilà*, brighter, more beautiful eyes!

**two more reasons to clear your closet**

1. Don't live in the past. Old clothes that you don't love or feel great in stop you from living in the present. Buy new items that make you feel pretty and good about yourself.
2. When you create an organized, less crowded closet you actually wear the contents in it more.

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**i'm here to assist...**

**For help getting a jump start on your fall wardrobe and removing last season's clutter, please call me at 847-721-0607 or email back at [suz1960@sbcglobal.net](mailto:suz1960@sbcglobal.net). Refer three friends and get one hour of my time for FREE!**

**and I need your feedback**

**Please let me know (a simple, quick email will suffice) if you are enjoying this newsletter and getting some useful hints. I have fun putting it together, but would love any suggestions to make it even better.**